



PRINCESA PLAZA

MADRID



FITNESS CENTER & SWIMMING POOL

Free of charge for hotel guests

Private Fitness Center for members only, managed by **Holiday Gym**, with a qualified team of professionals. The largest indoor sport installations within a hotel in the city (www.holidaygym.es).

FITNESS CENTER RULES OF USE:

- Sneakers and sportswear required.
- Find exclusive gym towels in your bedroom closet or ask for it to our Housekeeping or Guest Relations.
- Entry not allowed under 16 (exception is made from 7 years old accompanied by an adult)

Timetable:

MON to FRI 07:00 am to 11:00 pm | SAT 09:00 am to 03:00 pm & 06:00 pm to 09:00 pm
SUN & bank holidays 09:00 am to 03:00 pm | Check Christmas & Summer special timetable

SWIMMING POOL RULES OF USE:

- **Prior reservation is required** at the Gym Reception.
- Limited capacity, check schedules and maximum time of use available in advance.
- Swimming pool for **sports use**, not recreational. Free swimming hours and Aquagym classes (adults only).
- Except during Aquagym classes, access will be exceptionally allowed for **minors aged 7 and over, always accompanied** by an adult.
- The use of a **bathing cap** is mandatory in the pool (available at the Hotel Reception)
- Swimming pool size: 12mts x 4mts x 1'5mts (long x width x depth)

Timetable:

MON to FRI 09:00 am to 09:30 am, 12:30 pm to 02:00 pm & 07:00 pm to 09:00 pm
SAT 10:00 am to 02:00 pm & 06:00 pm to 09:00 pm
SUN & bank holidays 10:00 am to 02:00 pm | Check Christmas & Summer special timetable